
SORAL

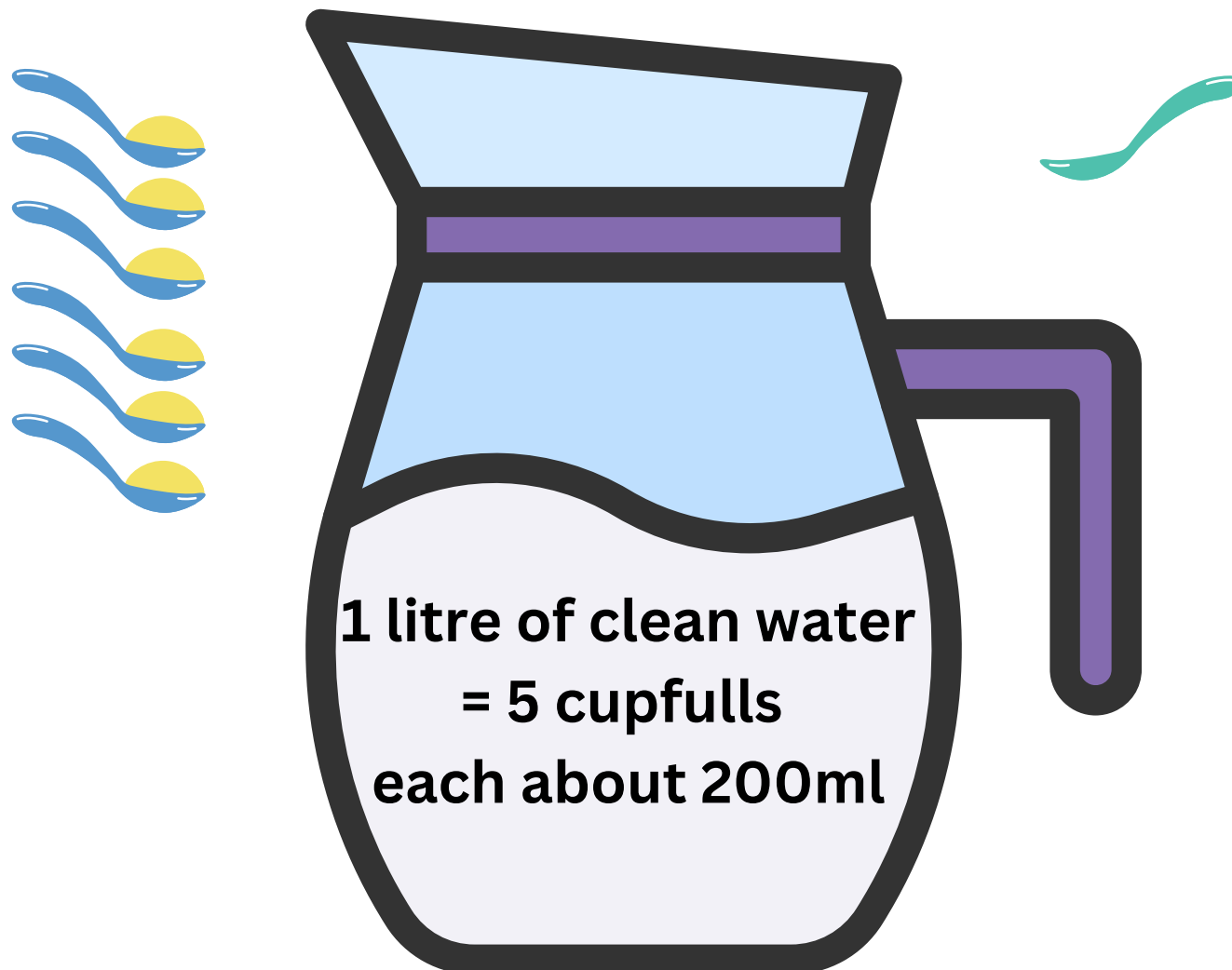
ORAL REHYDRATION SOLUTION



6 level teaspoons of sugar

+

1/2 teaspoon of salt



Handy Tips

1. If you are unsure if the water is clean - boil it first and let it cool.
2. If the child does not like the taste, add some Oros or another juice to disguise it.
3. Consider adding ice or keeping it in the fridge.
4. Keep it covered if it is not in the fridge.
5. It must be sipped slowly, or a vomiting child will vomit it up.